

5K Run Into Fun at St. Raymond's

To Benefit St. Raymond Regional School

**Along the
Scenic
Delaware Bay**



DATE: SATURDAY, OCTOBER 16, 2004

WHERE: BEACH DRIVE & LINCOLN BLVD.
NORTH CAPE MAY (Follow Cape May Lewes Ferry Signs)

START: 9:00 AM - 5K 8:30 AM - 2 MILE FUN RUN/WALK

REGISTRATION: 7:30 - 8:15 AM (Please note cut off time for registration)

ENTRY FEE: \$12.00 UNTIL 10/12/04 Long Sleeve T-shirts to first 125 Registered
\$15.00 10/13/04 to day of race.
WALKING FAMILIES: \$25.00 PER FAMILY (This includes 2 T-shirts & 2 Racing Bibs)

AWARDS: Sweatshirt to top 3 Male/Female overall (5K only)
Medals to top 3 in each age group (5K): 12 & Under; 13 - 19; 20 - 29; 30 - 39; 40 - 49; 50 - 59; 60 and above
2 MILE FUN RUN/WALK: Medals to top 3 male/female overall

Register online: www.active.com

TO ENTER: Checks payable to: St. Raymond P.T.A.
Mail To: Run Into Fun @ St. Raymond's
679 Townbank Road
N. Cape May, NJ 08204

Online: www.active.com
www.CapeMayBeach.com

PLEASE CHECK ONE () 5k () 2 Mile Fun Run/Walk

Name: _____ Sex M () F () Age on race day _____
(Please Print)

Mailing Address (no summer homes please):

City _____ State _____ Zip _____

Phone _____ Shirt Size: Child L Adult M L XL (CIRCLE ONE)

WAIVER, READ CAREFULLY AND SIGN IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, MY EXECUTORS & ADMINISTRATORS, WAIVE ANY RIGHTS & CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE SPONSORS, COORDINATING GROUPS & INDIVIDUALS ASSOCIATED WITH THE EVENT, THEIR REPRESENTATIVES, SUCCESSORS & ASSIGNS & WILL HOLD THEM HARMLESS FROM ANY INJURY SUFFERED IN THIS EVENT. ALSO, NONE OF THE ABOVE ARE RESPONSIBLE FOR THE LOSS OF PERSONAL ITEMS NOR ANY OTHER FORM OF AGGRAVATION IN CONNECTION WITH SAID EVENT. I HAVE BEEN WARNED THAT I MUST BE IN GOOD HEALTH TO PARTICIPATE IN THIS EVENT. I ALSO GIVE PERMISSION FOR FREE USE OF MY NAME & PICTURE IN ANY BROADCAST, TELECAST, OR PRINT MEDIA ACCOUNT OF THIS EVENT.

Signature _____ Parent Signature (under 18) _____